



The Well-Being Program

June 8, 1989

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A program
of the
YWCA of
Metropolitan
Toronto

Mr. Michael Ballard
METAMORPHOSIS
R.R. # 1
Stirling, Ontario.

Dear Michael,

With pleasure may I extend my heartfelt thanks for the fascinating seminar " Grief or Growth: The Choice is Yours " which you presented to the Well-Being Program participants at the YWCA OF Metropolitan Toronto, Tuesday, June 6, 1989.

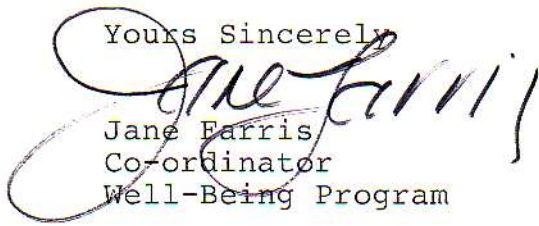
As you are aware, our Program participants are extremely well-versed in the area of Wellness and Lifestyle. Despite this intense knowledge, your presentation rendered them spell-bound, and was successful in not only commanding their attention but encouraging them to raise thoughtful questions and to " practice what you recommended."

Your presentation skills are exemplary, your programme material is extremely thoughtful and professional, and your entire seminar entertaining and engaging.

You gave us all at the YWCA a gift. We thank you and look forward to a long-lasting professional relationship which will continue on Saturday, October 28, 1989 when you will again, present to yet another group of individuals here at the YWCA.

You have ahead of you a very exiting career. I wish you well.

Yours Sincerely


Jane Farris
Co-ordinator
Well-Being Program

JF/JB

*Change
for
the
better.
Change
for
good.*