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Resiliency for Life
Michael Ballard
Suite 303,
640 Sheppard Ave. East
Toronto ON M2K 1B8 Canada
416-229-4655
www.ResiliencyForLife.com

Hello Michael:

Vacation was great, It was a long three day drive home from Montana. I actually listened to the Imagine Yourself programs in the car on the CD player on the way to Montana with my daughter. They where on repeat for a couple hours actually. She loved the animals, first she talked about them and then she was quiet and next she was sleeping!!!

Thanks again!! I might just use this program myself.

Leslie S.
Mother of one very busy three year old girl.

Brampton Ontario Canada