

Resiliency for Life
Michael Ballard
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Hi Michael:

It was nice chatting with you once again at the woman's dinner. It is always a pleasure to speak with someone who has such passion for the work they are involved with ...it is contagious!

Just wanted to let you know that I took the Imagine Yourself program home and started using it with my daughter who is nine, that same night and have continued with it since. She absolutely loves the horse recording. She asks to listen to it each night at bedtime and I am seeing positive progress and results in areas of her life where we had been previously "stuck" for some time. It seems to me that the whole concept of "imagining" has opened her to a place of being able to look at many things from a new perspective and to see possibilities for resolution that were not apparent before. She has grown confidence in her self and her abilities.

Cannot say thank you enough ... real results are the best marketing. Know that I will be talking about this program with all those in my life. You just never know how one conversation can change a life.

Take care.

Nancy F.

Mother of a very busy nine year old
Full name and address withheld by request.
Via email