

HEALTH THROUGH CHIROPRACTIC



Dr. Max Ingold, D.C.

With Studios At:

*Via Cesare Battisti 170/D
Lonigo (VI)*

*Via A. Manzoni 14
Bussolengo (VR)*

*Via P. Brugnoli 14
Fumane (VR)*

February 18, 2005

Mr. Michael Ballard
The Centre for Resiliency
640 Sheppard Ave. East, Suite 303
Toronto, Ontario, M2K 1B8

Dear Mr. Ballard,

Thank you for extending to me the opportunity to be a part of your project.

I have listened to and read "In the Hospital" by Peter Alsop and Bill Harley. I found it to be an excellent compilation of songs and stories that strike at the heart of the issue of the hospitalization of young patients.

Dr. Alsop and Mr. Harley capture, uncannily, the concerns, fears and perceptions of children preparing for and undergoing medical procedures in a hospital setting. All too often, those procedures are employed either using extensive technical jargon or without adequate explanations to the patients and their families. This can lead to a great amount of stress.

More and more there is an accepted view that humans are not just a physical body, but a multi-dimensional being that requires support spiritually, emotionally and physically. The body has an innate and natural ability to heal itself when not compromised by added stress.

I believe this book and tape is an excellent resource in assisting young patients to express themselves and understand so much, through the use of humour and music thereby alleviating much of the stress and fears in not only children, but parents as well.

Every hospital should include this wonderful book and cassette tape with every admissions packet.

I wish you the very best with your project and look forward to seeing this kind of resource available in Europe one day.

Best Regards,

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