

69 Adair Road
Toronto ON Canada M4B 1V6

January 14, 2005

Michael Ballard
The Centre for Resiliency
303-640 Sheppard Avenue East
Toronto ON Canada M2K 1B8

Dear Michael,

My children and I have always been captivated by the up-beat tunes and humorous lyrics used by both Peter Alsop and Bill Harley. Their "In the Hospital" CD, which I have recently had the pleasure of reviewing, is no exception! Once again, Alsop and Harley have managed to make an uncomfortable and difficult reality of life far less stressful and easier to discuss openly with children.

As a high school teacher for five years, I would have loved to have this program in the Counselling Department to assist students. Younger students could use the program for themselves and older students could feel empowered by 'bringing home' the lessons from the stories and songs to their family members. As an E.C.E. Instructor for the last four years, I would introduce this program as another tool to ensure that students are prepared for any possible situation in their careers. With my own two children, over and above the preparation for a possible hospital stay or illness, this program deals with issues in our day to day life, specifically being accepting of others' differences and special needs.

Humour and music are a wonderful way to open the lines of communication between family members, ease tension and thus aid in healing. Good luck in this endeavour!

Best Regards,

A handwritten signature in cursive script that reads "Sandra Ballard".

Sandra Ballard, B.A.(Hon), B.Ed
Instructor Early Childhood Education, Centennial College